

THE PARENT LINE

Oahu

526-1222

Neighbor Islands Call Toll-free:

1-800-816-1222

VOICE & TDD AVAILABLE

Weekdays 8AM to 6PM

Saturday 9AM to 1PM

The Parent Line is a free statewide confidential telephone line which offers support and information to parents and other caregivers. The phone line staff will help you problem-solve parenting challenges and child and adolescent behavior and development issues. Community resources information and parenting handouts are available.

THE PARENT LINE SERVES:

Parents with children 0 - 20 years • Expectant Parents
Grandparents and Other Family • Teachers • Child Care Providers
Health Care Providers • Social Workers • Mental Health Specialists
Other Professionals

ANYONE with concerns about parenting

ISSUES INCLUDE:

BEHAVIOR AND DEVELOPMENT:

- Aggression
- Toilet Teaching
- Bedtime
- Power Struggles
- Peer Relations
- Sibling Rivalry
- Biting
- Eating
- Fears
- Lying
- Homework
- Puberty
- Teen Transitions
- Temper Tantrums
- Breastfeeding/Weaning
- Communication
- School Readiness
- Discipline/Limit Setting
- Separation Anxiety

FAMILY CONCERNS:

- Daily Routines/Chores
- Single Parenting
- Step-Parenting
- Deployment
- Separation/Divorce
- Custody/Visitation
- Death
- Television/Internet

THE PARENT LINE provides information on community resources such as:

Parenting Classes	Play Groups	Breastfeeding Support
Support Groups	Social Services	Developmental Evaluations

Visit our website at: <http://www.theparentline.org>