



The Parent Line

2021 - 2022

Resource Directory for Parents of Young Children

The Parent Line is Hawai'i's premier resource on child behavior, child development, parenting support, and community resources.

For information, please contact:

O'ahu: (808) 526-1222

Neighbor Islands: 1-800-816-1222

Monday-Friday 9:00 am-7:00 pm & Saturday-Sunday 9:00 am-2:00 pm

www.theparentline.org

Emergency Services

General Emergency: 911 (Police, fire and ambulance)

Poison Center: 1-800-222-1222 Statewide toll-free (24 hours)

Funded by Hawai'i Department of Health, Maternal and Child Health Branch



A private nonprofit serving Hawai'i since 1899

We provide access to our activities without regard to race, color, national origin (including language), age, sex, religion or disability. Write or call our Affirmative Action Office at Box 3378, Honolulu, HI 96801-3378 or at (808) 586-4616 (voice) within 180 days of problem.

Crisis Services

Access Adult Mental Health Division

24-hour Suicide Crisis Line

O'ahu.....832-3100
Statewide (Toll-Free).....1-800-753-6879

Child Welfare/Protective Services

O'ahu (24-hours).....832-5300
Statewide (Toll-Free).....1-800-494-3991

Child Help USA (24-hours)

Child Abuse Hotline.....1-800-422-4453

Child and Family Service

Domestic Violence Hotline.....841-0822

Domestic Violence Action Center

Statewide.....531-3771

Hale Kipa

O'ahu.....589-1829
Kaua'i.....246-4898

Sex Abuse Treatment Center

24-hour Hotline.....524-7273
Main Office.....535-7600

Sex Assault Support Services

Big Island (24-hour Hotline).....935-0677
Kaua'i (24-hour Hotline).....245-4144
Maui (24-hour Hotline).....873-8624

Shelter and Crisis Lines for Family Violence (24-hours)

O'AHU

Honolulu & Leeward.....841-0822
Parents And Children Together (PACT)
Windward Ohi'a Shelter.....526-2200
NEIGHBOR ISLANDS

E. Hawai'i.....959-8864
W. Hawai'i.....322-7233
Kaua'i.....245-6362
Maui.....579-9581
Moloka'i.....567-6888

National Domestic

Violence Hotline.....1-800-799-7233

Parent Education and Family Support

Catholic Charities Hawai'i

O'ahu.....521-4357 / 524-4673
E. Hawai'i.....961-7050 / 935-4673
Maui.....873-4673
E. Kaua'i.....241-4673

Child and Family Service

O'ahu.....681-3500
E. Hawai'i.....935-2188
W. Hawai'i.....323-2664
Maui.....877-6888
Kaua'i.....245-5914
Moloka'i.....553-5529

Developing Options to Violence

(Support for Victims of Domestic Violence)
O'ahu (CFS).....532-5100

Neighborhood Place

O'AHU

Wai'anae.....696-1067
Kalihi.....841-6177

BIG ISLAND

Kona.....331-8777
Puna.....965-5550

P.A.R.E.N.T.S (Parent Education Groups)

O'ahu.....235-0255
E Hawai'i.....934-9552

Parents And Children Together (PACT)

O'ahu.....847-3285
Hawai'i.....961-0570
Maui.....243-7001
Kaua'i.....821-0574

Maui Family Support Services

(Parent education and family support).....242-0900

PACT Family Peace Center

(Domestic violence intervention for victims, batterers, and child witnesses)

O'ahu.....832-0855
Maui (PACT).....243-7001

Hawai'i Children's Action Network

(Parents and community councils supporting families with young children)
O'ahu.....531-5502
Maui County Early Childhood Resource Center.....242-1608

Your 'Ohana Network (Home Visiting)

(Intake, screening, and early intervention services for children up to 36 months of age)
O'ahu (Waimānalo).....741-3801 / 282-4070
O'ahu (Referral-based).....681-1555
E. Hawai'i (YWCA).....961-3877

Keiki Central (A one-stop virtual hub for programs/services for young children and their families, powered by Aloha United Way 2-1-1)
Statewide.....auw211.org/s/keiki-central

Family Centers

O'AHU

Kahalu'u (K.E.Y. Project).....239-5777
Kāne'ohe (PACT).....235-7747
Kūhiō Park Terrace (PACT).....841-6177

BIG ISLAND

Waimea.....885-0086

KAUA'I

Hanalei Community Center.....826-1011
Kaua'i (CFS) Hale Ho'omalū.....821-2520
Waimea (CFS) Nana's House.....338-0252

The Parent Line

O'ahu.....526-1222
Neighbor Islands (Toll-Free).....1-800-816-1222

Partner's In Development Foundation (Tūtū and Me Traveling Preschool)

O'ahu.....524-7633

NEIGHBOR ISLANDS

E. Hawai'i.....982-4102
N. Hawai'i.....885-1200
S. Hawai'i.....929-8571
Hilo.....934-7476
Kona.....327-9327
E. Kaua'i.....822-4280
W. Kaua'i.....335-0501
W. Maui.....249-2430
Moloka'i.....560-5642

(Ka Pa'alana Homeless Family Education Program).....596-8711
(Hui Ho'omalū)

O'ahu.....441-1117
E. Hawai'i.....987-5988
W. Hawai'i.....896-3829
Kaua'i.....346-8184
Maui/Moloka'i/Lāna'i.....268-5122
Neighbor Islands.....1-800-879-8970

Lili'uokalani Trust

(Services for Hawaiian orphans or destitute children)

O'ahu.....668-2314
Hilo.....935-9381
Kona.....329-7336
Kaua'i.....245-1873
Maui.....242-8888
Moloka'i.....553-5369
Lāna'i & Koolau Poko.....235-7613

Family Hui Hawai'i

(Parent support groups, child development and parenting strategies, developmental screening for families, prenatal - 5 years old)
Statewide.....230-7112

Healthy Mothers Healthy Babies

Coalition of Hawaii:

New Parent Support Groups, Mental Health Therapy, Community Based Doula Support, Childbirth Education, Safe Sleep Education
Statewide.....737-5805

Health, Nutrition, and Family Planning

American Red Cross

Infant CPR Classes/Baby Sitter
Training.....734-2101
E. Hawai'i.....935-8305
Maui.....244-0051

Breastfeeding Services of Maui.....572-5237

U.S. Consumer Products Safety

Commission Hotline.....1-800-638-2772

Department of Health (Birth, Marriage, Divorce, and Death Certificate Info)

O'ahu.....586-4542
Hawai'i.....974-6008
Kaua'i.....241-3498
Maui & Lāna'i.....984-8210
Moloka'i.....553-7870
Information Line.....586-4400

Family Planning Information Lines

O'ahu.....737-6311
(Honolulu clinic).....589-1149

Hawaii Mothers' Milk, Inc. (Information
on breastfeeding).....949-1723

Keiki Injury Prevention Coalition (Child
safety information).....983-6800

Kokua Kalihi Valley

(Family planning and nutrition info)
O'ahu.....983-6800

La Leche League.....1-877-452-5324

Mary Jane Program

(Residential services and support for
pregnant women 18 and
older).....261-9776

Med-QUEST (Low income health insurance)

Main.....587-3521
O'ahu.....587-3540
Kapolei.....692-7364

NEIGHBOR ISLANDS

E. Hawai'i.....933-0339
W. Hawai'i.....327-4970
Kaua'i.....241-3575
Maui.....243-5780 / 1-800-894-5755
Moloka'i.....553-1758

Child Care, Preschool, and Play Activities

Child Care Connections (DHS)

Honolulu.....566-2600
Waipahu.....356-5577
Maui.....249-2461

Early Head Start (ages birth to 3 years)

Head Start (ages 3 to under 5 years)

*Info on free preschool programs for low
income families*

O'ahu (HCAP).....877-2400
Kalihi (PACT).....842-5996

NEIGHBOR ISLANDS

Hawai'i (PACT).....961-0570
Kaua'i (CFS).....245-5914
Maui (MEO).....249-2988
Moloka'i (MEO).....553-3727

P.A.T.C.H. (Child Care Referrals)

O'ahu.....839-1988
E. Hawai'i.....961-3169
W. Hawai'i.....322-3500
Kaua'i.....246-0622
Maui, Lāna'i & Moloka'i.....242-9232

Keiki O Ka ' Āina (Child care help for

Native Hawaiian families)

Statewide.....843-2502
HIPPIY Kindergarten Readiness – O'ahu,
Maui, Kona
Kulia I Ka Nu'u – Community Based
Parents as Teachers Home Visiting
Parent Participation Preschool – O'ahu
Drop Off Preschool – O'ahu
Teen Prevention Program

National Lead Information Center (Info on childhood lead

poisoning).....1-800-424-5323

WIC (DOH - Nutrition education and food supplement program for women, infants and children)

O'ahu.....586-8175
Neighbor Islands.....1-888-820-6425

Healthy Mothers Healthy Babies

Coalition of Hawaii:

Mana Mama Medical Mobile Van,
Breastfeeding Support, Family Planning
Services, Food Distribution
O'ahu.....737-5805

Valley Isle Childbirth Education

(Childbirth, infant care, and breastfeeding
info).....572-5237

INPEACE - Keiki Steps

(For children ages 0-5 yrs.)

O'ahu.....620-9043
Big Island & Moloka'i.....933-2933

Preschool Open Doors

(DHS-Preschool subsidies)

O'ahu.....791-2130
Neighbor Islands
(Toll-free).....1-800-746-5620

Tiny Tots Program

(Dept. of Parks and Rec., for ages 3-5 yrs.)

O'AHU
Hawai'i Kai to McCully.....768-8944
Makiki to Aiea.....768-9292
Pearl City to
Wai'anae/Wahiawa.....768-6898
Waialua to Waimānalo.....768-8987

YMCA (Parent-child activity classes and child care)

O'ahu.....531-3558
E. Hawai'i.....935-3721
Kaua'i.....246-9090
Maui.....242-9007

YWCA (Parent-child activity classes and child care/preschool)

O'ahu.....538-7061
E. Hawai'i.....935-7141
Kaua'i.....245-5959

Public Health Nursing Section

O'AHU

E. Honolulu.....733-9220
W. Honolulu.....832-5757
Central.....453-6190
Leeward.....675-0073
Windward.....233-5450

NEIGHBOR ISLANDS

E. Hawai'i.....974-6025
W. Hawai'i.....322-1500
Kaua'i.....241-3387
Maui.....984-8260
Moloka'i.....553-7880
Lāna'i.....565-7114

Specific Concerns

Aloha United Way 2-1-1

(Comprehensive info & referrals for parenting support, childcare and much more. M-F 7am-5pm)
Statewide (Toll-Free).....2-1-1
Text or Call.....1-877-275-6569
Email.....info211@auw.org
Live chat available.....www.auw211.org

Coalition For A Drug-Free Hawaii

O'ahu.....545-3228
Neighbor Islands.....1-800-845-1946

Hina Mauka

(Substance use treatment program)
O'ahu.....236-2600

Early Intervention Referral Line

(DOH--Information for parents of children with special needs from birth to under 3 yrs of age)
Statewide.....594-0066

Jewish Community Services.....258-7121

Leadership in Disabilities and Achievements of Hawai'i

O'ahu.....536-9684
School Readiness Project.....696-5361

Hawai'i CARES (Free, 24/7 coordination center for support with substance use, mental health and crisis intervention)

O'ahu.....832-3100
(Toll-Free).....1-800-753-6879

Legal Aid Society of Hawai'i (Legal advice and assistance for low-income families)
O'ahu.....536-4302
Neighbor Islands.....1-800-499-4302

Prevent Child Abuse Hawaii

(Info and Advocacy).....951-0200

Shriners Hospitals for Children

(Keiki Walk-In Injury Clinic 24 hours)
O'ahu.....951-3620

Special Parent Information Network

(For families of children with special needs)
Statewide.....586-8126

Mālama Family

Recovery Services.....668-2277

Women's Way.....739-4952

The PATH Clinic.....791-9390

Telecommunications Relay Services

(Sprint relay Hawai'i assists individuals in completing local calls free of charge)
Text Telephone Users (TTY).....877-447-5991 or 711
Hearing Persons Calling Persons With TTY Modem.....877-447-5990 or 711

Parents And Children Together (PACT)

Behavioral Health Support (for adolescents).....536-9684
Child Abuse and Neglect Prevention & Treatment (Closed Referrals Only)
DHS Family Strengthening Services.....841-2245
DHS Voluntary Case Management.....628-5735

Services for Military Families

Military One Source

(For active duty, guard, reserve members & their families only).....1-800-342-9647

Armed Services YMCA

(Play mornings, childbirth education, & welcome baby program)
Schofield/Wheeler.....624-5645
Kāne'ohe.....254-4719
Pearl Harbor.....473-3398

Family Services/Support

(Support and parenting classes)
Mental Health Clinic.....448-6377
Military and Family Support.....474-1999

Army Community Services

Schofield.....787-4227
Coast Guard Family Resource Specialist.....842-2089
New Parent Support (Kāne'ohe MCBH).....257-7780

Navy/Marine Corps Relief Nurse

(Home visits to Navy & Marine families with newborns).....473-0282

Immigrant & Refugee Services

Bilingual Access Line (Interpreters).....526-9724

Goodwill Industries Inc (Immigrant employment services)

O'ahu.....792-8555
Maui.....871-4143

Child and Family Service

(Employment Core Services for Refugees).....681-1520

Kalihi-Pālama Health Center (Low cost medical, pediatric, family

planning & social services).....848-1438
Dental Services.....845-0686
Optometry Services.....792-5599

Pacific Gateway Center

(Immigrant Center).....851-7010

Trafficking Victim Assistance Program

Susannah Wesley Community Center (24/7 Crisis Support)....847-1535

Internet Resources

www.auw211.org
www.charlieskids.org
www.childandfamilyservice.org
www.cpsc.gov (Consumer product safety)
www.cribsforkids.org
www.friendsnrc.org
www.hawaii-can.org
www.hawaiichildrenstrustfund.org
www.healthychildren.org
www.honolulupd.org
www.kipchawaii.org (Injury Prevention)
www.patchhawaii.org
www.ppdsupporthi.org
www.safesleephawaii.org
www.theparentline.org
www.uhfamily.hawaii.edu
www.vanderbilt.edu/csefel
www.yourohana.org/our-network (Home Visiting)
www.zerotothree.org
<https://health.hawaii.gov/coronavirusdisease2019/>
www.pacthawaii.org
<https://hawaiifamilyguide.com/>
www.hmhb-hawaii.org