

Winter 2020



A Newsletter for Parents of Young Children

The Parent Line

Sharing Online Photos of our Children

With social media constantly evolving, many of us often share photos of our children on social media. Most of us use social media as a way to connect with our family and friends, allowing us to share special moments of our children's lives. We often need to be reminded that once a photo is posted online, it's there forever. And although it's not necessarily negative behavior to do so, we should still be cautious.



Before posting, we should always consider whether we as parents, are compromising our children's safety. We should also keep in mind that such photos can create an online trail, following our children for the rest of their lives. Our children are vulnerable, so it's important to avoid posting something that may embarrass them or violate their privacy in the near future. Just as we would hold our children accountable for their decisions, we need to be held accountable for our decisions as well.

Many of us aren't fully aware of the repercussions of sharing a photo. For one, we don't have much control over others sharing or tampering with the photos we post. Also, an online post can reveal a lot of information about someone, including their age, school, location, or a birthday. Sometimes we make the mistake of over sharing information and experiences that result in negative effects on our children. It's important to be aware of online privacy settings so that unwanted people or predators are not receiving information and photos.

Primarily, it is up to us as parents to decide whether we should post, or how much to post of our children online. Even at young ages, we can empower our children by simply asking for their approval before posting. Ultimately, everything we do should be in the best interest of them.



For more information, please call the Parent Line at (808)526-1222 or toll-free 1-800-816-1222.

Special Days to Remember



December 7: Pearl Harbor Remembrance Day

December 11: Hannukah

December 25: Christmas Day

December 26: Kwanzaa

January 1: New Year's Day

January 18: Martin Luther King Jr. Day

January 18: Civil Rights Day

February 2: Groundhog Day

February 12: Chinese New Year

February 14: Valentine's Day

February 15: President's Day

DIY Make your Own Snow Globe

Supplies

- Small jars (can also use baby food jars)
- A little toy
- Glycerin
- Glitter
- Heavy duty glue (e.g. Gorilla glue, E6000, epoxy, etc.)
- Needle nose pliers

Instructions

1. Place a little glue on the bottom of the toy. Use needle pliers to place down into the jar where you want it. Press the toy down, then let the glue dry for 10 minutes.
2. Fill your jar with water then add a squirt of glycerin in it (this allows the "snow" to float). Add a pinch of glitter.
3. Glue the lid in place.



Spotlight on Safety

Many children below the age of 10 are not fully capable of managing pedestrian situations. In fact, children are at high risk while in vehicles, bicycles, and walking. On a global level, more than 500 children lose their lives due to a traffic crash every day. Thousands become injured, sometimes suffering lifelong disabilities. Parents and caregivers have a key role in educating their children about road safety. On a daily basis, we can find opportunities to discuss safety measures and practice safety while commuting to places. We can also contribute to road safety by lowering our speeds, being aware of our surroundings, and correctly using child restraints and safety zones around schools.

For more information on Road Safety, please view the Safe Kids Road Safety Campaign: <https://www.safekids.org/safe-roads-safe-kids>



Suggested Readings



Here Comes Jack Frost

By: Kazuno Kohara

The Polar Express

By: Chris Van Allsburg

The Snowy Day

By: Ezra Jack Keats

Winter is Here

By: Kevin Henkes and Laura Dronzek

