The Parent Line

2017–2018

Resource Directory for Parents of Young Children

The Parent Line is Hawai'i's premier resource on child behavior, child development, parenting support, and community resources.

For information, please contact:

O'ahu: (808) 526-1222
Neighbor Islands: 1-800-816-1222
Monday–Friday 8:00 am–6:00 pm & Saturday 9:00 am–1:00 pm

www.theparentline.org

Emergency Services

General Emergency: 911 (Police, fire and ambulance)
Poison Center: 1-800-222-1222 Statewide toll-free (24 hours)

Funded by Hawai'i Department of Health, Maternal and Child Health Branch (808) 733-4054
David Ige, Governor | Virginia Pressler, M.D., Director of Health

We provide access to our activities without regard to race, color, national origin (including language), age, sex, religion or disability. Write or call our Affirmative Action Officer at Box 3378, Honolulu, HI 96801-3378 or at (808) 586-4616 (voice) within 180 days of a problem.

REVISED 12/16

Child & Family SERVICE
Private, nonprofit since 1899

Crisis Services

Access Adult Mental Health Division 24-hour Suicide and Crisis Line
O'ahu 832-3100
Statewide (Toll-free) 1-800-753-6879

Child Welfare/Protective Services
O'ahu (24-hours) 832-5300
Statewide (Toll-free) 1-800-494-3991

Child Help USA (24-hours)
Child Abuse Hotline 1-800-422-4453

Child and Family Service
Domestic Violence Hotline 841-0822

Domestic Violence Drop-in Centers
Pu'uhonua Crisis Counseling 526-2200
Ohi'a Shelter (24-hour Hotline) 526-2200

Domestic Violence Action Center
O'ahu 531-3771
Neighbor Islands (Toll-free) 1-800-690-6200

Hale Kipa
O'ahu 589-1829
Kaua'i 246-4898

Sex Abuse Treatment Center
24-hour Hotline 524-7273
Main Office 535-7600

Sex Assault Crisis Hotline
Kaua'i 245-4144

Sex Assault Support Services
Big Island (24-hour Crisis Center) 935-0677
Kaua'i (24-hour Crisis Center) 245-4144
Maui 873-3624

Shelter and Crisis Lines for Family Violence (24-hours)

O'AHU
Honolulu & Leeward 841-0822
Windward 526-2200

NEIGHBOR ISLANDS
E. Hawai'i 959-8864
W. Hawai'i 322-7233
Kaua'i 245-6362
Maui 579-9581
Moloka'i 567-6888

National Domestic Violence Hotline 1-800-799-7233

Parent Education and Family Support

Catholic Charities Hawai'i
O'ahu 524-4673
E. Hawai'i 935-4673
Maui 873-4673
E. Kaua'i 241-4673

Child & Family Service
O'ahu 681-3500
E. Hawai'i 935-2188
W. Hawai'i 323-2664
Kaua'i 245-5914
Maui 877-6888
Moloka'i 553-5529

Developing Options to Violence
(Support for Victims of Domestic Violence)
O'ahu 532-5100

Early Head Start (Parent education/child development activities for children ages 6 wks–3 yrs of low income families)
O'ahu 842-5996
E. Hawai'i 961-6807
W. Hawai'i 334-4123

Family Centers

O'AHU
Kahalu'u (K.E.Y. Community Ctr.) 239-5777
Kāne'ohe (PACT) 235-7747
Kūhiō Park Terrace (PACT) 841-6177

BIG ISLAND
Waimea 885-0086

KAUA'I
Hanalei Community Center 826-1011
Kapa'a (CFS) Hale Ho'omalu 821-2520
Waimea (CFS) Nana's House 338-0252
Moloka'i 553-3276

Family Peace Center
(Domestic violence intervention for victims, batterers and child witnesses)
O'ahu 832-0855
Maui (PACT) 243-7001

Good Beginnings Alliance (Parents and community councils supporting families with young children)
O'ahu 531-5502
Maui County Early Childhood Resource Center 242-1608

Hawai'i Home Visiting Network
(Intake, screening, home-visiting and early intervention services for children up to 36 months of age)
O'ahu 681-1555
E. Hawai'i 961-3877

Keiki Central (A one-stop virtual hub for programs/services for young children and their families, powered by AUW 2-1-1)
Statewide keikicentral.org or 2-1-1

Maui Family Support Services (Parent education and family support) 242-0900

Neighborhood Place

O'AHU
Kalihi 841-6177
Wai'anae 696-4598

BIG ISLAND
Kona 331-8777
Puna 965-5550

MAUI
Wailuku 986-0700

P.A.R.E.N.T.S. (Parent Education Groups)
O'ahu 235-0255
E. Hawai'i 934-9552

Partner's In Development Foundation
(Tūtū and Me Traveling Preschool)
O'ahu 524-7633

NEIGHBOR ISLANDS
E. Hawai'i 982-4102
S. Hawai'i 929-8571
W. Hawai'i 327-9327
Hilo 934-7476
Kona 327-9327
Haumakua 775-0797
E. Kaua'i 822-4280
W. Kaua'i 335-0501
W. Maui 249-2430
E. Maui 893-2132
Moloka'i 560-5642

Pūlama i Nā Keiki (Home-based & small group education for families of hawaiian children prenatal–5 years of age)
O'ahu 535-1317
W. Hawai'i (Kona) 331-2818
Maui (Wailuku) 242-9774

Lili'uokalani Trust
(Services for Hawaiian orphans or destitute children)
O'ahu 847-1302
Hilo 935-9381
Kona 329-7336
Kaua'i 245-1873
Maui 242-8888
Lāna'i & Koolau Poko 235-7613
Moloka'i 553-5369

The Parent Line
O'ahu 526-1222
Neighbor Islands (Toll-free) 1-800-816-1222

Health, Nutrition and Family Planning

American Red Cross
Infant CPR Classes/
Baby Sitter Training ... 734-2101
E. Hawai'i ... 935-8305
Maui ... 244-0051

Breastfeeding Services of Maui ... 572-5237

U.S. Consumer Products Safety Commission Hotline ... 1-800-638-2772

Department Of Health (Birth, Marriage, Divorce and Death Certificate Info)
O'ahu ... 586-4533
Hawai'i ... 974-6008
Kaua'i ... 241-3498
Maui & Lāna'i ... 984-8210
Moloka'i ... 553-7870
Information Line ... 586-4400

Family Planning Information Lines
O'ahu ... 737-6311
Neighbor Islands ... 2-1-1
Planned Parenthood
(Honolulu clinic) ... 589-1149

Hawai'i Mothers Milk, Inc.
(Information on breastfeeding) ... 949-1723

Keiki Injury Prevention Coalition
(Child safety information) ... 294-0402

Kids Health Insurance Hotline (HI covering kids—free/low-cost healthcare for children)
AUW Statewide (Toll-free) ... 2-1-1

Kokua Kalihi Valley
(Family planning and nutrition info)
O'ahu ... 848-0976

Kona Lactation Center ... 322-4482

La Leche League ... 1-877-452-5324
W. Hawai'i District Advisor ... 1-808-325-3055

Mary Jane Program
(Residential services and support for pregnant women 18 and older) ... 261-9776

Med-QUEST (Low income health insurance)
Main ... 587-3521
O'ahu ... 587-3540
Kapolei ... 692-7364
NEIGHBOR ISLANDS
E. Hawai'i ... 933-0339
W. Hawai'i ... 327-4970
Kaua'i ... 241-3575
Maui ... 243-5780 / 1-800-894-5755
Moloka'i ... 553-1758

Child Care, Preschool and Play Activities

Child Care Connections (DHS)
Honolulu ... 566-2600
Waipahu ... 356-5577
Maui ... 249-2461

Head Start (Info on free preschool programs for ages 3 to under 5 years of low income families)
O'ahu (HCAP) ... 847-2400
Kalihi (PACT) ... 842-5996
NEIGHBOR ISLANDS
Hawai'i (PACT) ... 961-0570
Kaua'i (CFS) ... 240-2833
Maui (MEO) ... 249-2988
Moloka'i (MEO) ... 553-5472/553-3727

Keiki 'O Ka 'Āina (Child care help for Native Hawaiian families)
O'ahu ... 843-2502

P.A.T.C.H. (Child Care Referrals)
O'ahu ... 839-1988
E. Hawai'i ... 961-3169
W. Hawai'i ... 322-3500
E. Kaua'i ... 246-0622
Maui, Lāna'i & Moloka'i ... 1-800-498-4145

Community Based Parent Education (CPBE)
O'ahu ... 748-3116
E. Hawai'i ... 935-2188
W. Hawai'i ... 937-0755
Kaua'i ... 245-5914
Maui ... 877-9857

IN PEACE—Keiki Steps
(For children ages 0–5 yrs.)
O'ahu ... 620-9043
Big Island & Moloka'i ... 933-2933

Preschool Open Doors
(DHS—Preschool subsidies)
O'ahu ... 791-2130
Neighbor Islands (Toll-free) ... 1-800-746-5620

Tiny Tots Program
(Dept. of Parks and Rec., for ages 3–5 yrs.)
O'AHU
Hawai'i Kai to McCully ... 373-8012
Makiki to Aiea ... 768-9292
Pearl City to Wai'anae/Wahiawa ... 675-7130
Waialua to Waimanālo ... 233-7306

YMCA
(Parent-child activity classes and child care)
O'ahu ... 531-3558
Hawai'i ... 935-3721
Kaua'i ... 246-9090
Maui ... 242-9007

YWCA (Parent-child activity classes/ childcare/preschool)
O'ahu ... 538-7061
E. Hawai'i ... 935-7141
Kaua'i ... 246-0622
Maui ... 242-9007

Healthy Mothers Healthy Babies
(Information and referrals)
O'ahu ... 737-5805
Neighbor Islands ... 1-888-951-6661

National Lead Information Center
(Info on childhood lead poisoning) ... 1-800-424-5323

Public Health Nursing Branch
O'AHU
E. Honolulu ... 733-8300
W. Honolulu ... 832-5757
Central ... 453-6190
Leeward ... 675-0080
Windward ... 233-5450
NEIGHBOR ISLANDS
E. Hawai'i ... 974-6025
W. Hawai'i ... 322-1500
Kaua'i ... 241-3387
Maui ... 984-8260
Moloka'i ... 553-7880
Lāna'i ... 565-7114

WIC (DOH—Nutrition education and food supplement program for women, infants and children)
O'ahu ... 586-8175
Neighbor Islands ... 1-888-820-6425

Valley Isle Childbirth Education
(Childbirth, infant care, and breastfeeding info) ... 572-5237

Specific Concerns

Aloha Mothers Of Multiples 247-TWIN (8946)

Aloha United Way 2-1-1
(Comprehensive Info & referrals for parenting support, childcare and much more. M–F 7am–5pm)
Statewide (Toll-free) 2-1-1
Text or call 1-877-275-6569
Email ..... info211@auw.org
Live chat available www.auw211.org

Coalition For A Drug-Free Hawai'i
O'ahu 545-3228
Neighbor Islands 1-800-845-1946

Hina Mauka
(Substance use treatment program)
O'ahu 236-2600
Neighbor Islands 1-888-HINA-MAUKA

Early Intervention Referral Line
(DOH—Information for parents of children with special needs from birth to under 3 yrs of age)
O'ahu 594-0066
Neighbor Islands 1-800-235-5477

Jewish Community Services 258-7121

Learning Disabilities Association of Hawai'i
O'ahu 536-9684
'Ekolu 'Ehā 'Ike Pono (Free developmental, socio-emotional, hearing, and vision screenings for children 3–4 yrs.) 696-5361

Legal Aid Society of Hawai'i (Legal advice and assistance for low-income families)
O'ahu 536-4302
Neighbor Islands 1-800-499-4302

Prevent Child Abuse Hawai'i
(Info and advocacy) 951-0200

Shriners Hospitals for Children
(Keiki Morning Walk-In Injury Clinic)
O'ahu 941-4466

Special Parent Information Network
(For families of children with special needs)
O'ahu 586-8126
NEIGHBOR ISLANDS (CALL THE ISLAND'S NUMBER, THEN DIAL 68126)
Big Island 974-4000
Kaua'i 274-3141
Maui 984-2400
Lāna'i & Moloka'i 1-800-468-4644

Substance Abuse Treatment

O'AHU
Mālama Family Recovery Services 668-2277
Women's Way ..... 732-2802 (ext 4952)
Moloka'i (Hale Ho'okupa'a) 553-3231

The PATH Clinic 791-9390

Telecommunications Relay Services
(Sprint relay Hawai'i assists individuals in completing local calls free of charge)
Text Telephone Users (TTY) ..... 877-447-5991 or 711
Hearing Persons Calling Persons With TTY Modem ..... 877-447-5990 or 711

Services for Military Families

Military One Source
(For active duty, guard, reserve members & their families only) 1-800-342-9647

Armed Services YMCA
(Play mornings, childbirth education, & welcome baby program)
Helemano/Iroquois Pt./ Schofield/ Wheeler 624-5645
Kāne'ohe 254-4719
Pearl Harbor 473-3398
Aliamanu/Ft. Shafter/Hickam 833-1185

Army Public Health Nursing
Tripler 433-6697
Schofield 433-8676

Family Services/Support
(Support and parenting classes)
Mental Health Clinic 448-6377
Military and Family Support 474-1999

Army Community Services
Tripler 438-4499
Schofield 655-4227
Coast Guard Family Resource Specialist 842-2089
Joint New Parent Support (Schofield) 655-4787
New Parent Support (Kāne'ohe MCBH) 257-8803

Navy/Marine Corps Relief Nurse
(Home visits to Navy & Marine families with newborns) 473-0282

Immigrant & Refugee Services

Bilingual Access Line (Interpreters) 526-9724

Goodwill Industries Inc (Immigrant employment services)
O'ahu 792-8555
Maui 871-4143

Child And Family Service
(Employment Core Services for Refugees) 543-8436

Kalihi-Pālama Health Center (Low cost medical, pediatric, family planning & social services) 848-1438
Dental Services 845-0686
Optometry Services 792-5599

Pacific Gateway Center
(Immigrant center) 851-7010

Susannah Wesley Community Center 847-1535

Internet Resources

www.auw211.org
www.charlieskids.org
www.childandfamilyservice.org
www.cpsc.gov *(Consumer product safety)*
www.cribsforkids.org
www.family.samhsa.gov/talk
www.friendsnrc.org
www.goodbeginnings.org
www.hawaiichildrenstrustfund.org
www.healthychildren.org
www.honolulupd.org
www.kipchawaii.org *(Injury prevention)*
www.patchhawaii.org
www.ppdsupporthi.org
www.safesleephawaii.org
www.theparentline.org
www.uhfamily.hawaii.edu
www.vanderbilt.edu/csefel
www.zerotothree.org

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