

Specific Concerns

Aloha United Way 2-1-1

(Comprehensive info & referrals for parenting support, childcare and much more. M-F 7am-5pm)

Statewide (Toll-free) 2-1-1

Text or call 1-877-275-6569

Email info211@auuw.org

Live chat available www.auuw211.org

Coalition For A Drug-Free Hawai'i

O'ahu 545-3228

Neighbor Islands 1-800-845-1946

Hina Mauka

(Substance use treatment program)

O'ahu 236-2600

Neighbor Islands 1-888-HINA-MAUKA

Early Intervention Referral Line

(DOH—Information for parents of children with special needs from birth to under 3 yrs of age)

Statewide 594-0066

Jewish Community Services 258-7121

Leadership in Disabilities and Achievements of Hawaii

O'ahu 536-9684

School Readiness Project 696-5361

Parent Training and Information Center 536-9684

Legal Aid Society of Hawai'i (Legal advice and assistance for low-income families)

O'ahu 536-4302

Neighbor Islands 1-800-499-4302

Prevent Child Abuse Hawai'i

(Info and advocacy) 951-0200

Shriners Hospitals for Children

(Keiki Morning Walk-In Injury Clinic)

O'ahu 951-3620

Special Parent Information Network

(For families of children with special needs)

O'ahu 586-8126

NEIGHBOR ISLANDS (CALL THE ISLAND'S NUMBER, THEN DIAL 68126)

Big Island 974-4000

Kaua'i 274-3141

Maua 984-2400

Lāna'i & Moloka'i 1-800-468-4644

Substance Abuse Treatment

O'AHU

Mālama Family Recovery Services 668-2277

Women's Way 732-2802 (ext. 4952)

The PATH Clinic 791-9390

Telecommunications Relay Services

(Spirit relay Hawai'i assists individuals in completing local calls free of charge)

Text Telephone Users 877-447-5991 or 711

Hearing Persons Calling Persons With TTY 877-447-5990 or 711

Modem 877-447-5990 or 711

Services for Military Families

Military One Source

(For active duty, guard, reserve members & their families only) 1-800-342-9647

Armed Services YMCA

(Play mornings, childbirth education, & welcome baby program)

Schofield/Wheeler 624-5645

Kāne'ōhe 254-4719

Pearl Harbor 473-3398

Army Public Health Nursing

Schofield 433-8676

Family Services/Support

(Support and parenting classes)

Mental Health Clinic 448-6377

Military and Family Support 474-1999

Army Community Services

Schofield 655-4227

Coast Guard Family Resource Specialist 842-2089

New Parent Support (Kāne'ōhe MCBH) 257-8803

Navy/Marine Corps Relief Nurse

(Home visits to Navy & Marine families with newborns)

473-0282

Immigrant & Refugee Services

Bilingual Access Line (Interpreters) 526-9724

Goodwill Industries Inc (Immigrant employment services)

O'ahu 792-8555

Maui 871-4143

Child And Family Service

(Employment Core Services for Refugees)

543-8436

Kailih-Palama Health Center (Low cost medical, pediatric, family planning & social services)

Dental Services 848-1438

Optometry Services 845-0686

792-5599

Pacific Gateway Center

(Immigrant center) 851-7010

Susannah Wesley Community Center 847-1535

Internet Resources

www.auuw211.org

www.charitieskids.org

www.childandfamily.org

www.cpsc.gov (Consumer product safety)

www.cribsforkids.org

www.friendsrc.org

www.hawaii-can.org

www.hawaiichildrenstrustfund.org

www.healthychildren.org

www.honolulu.gov

www.kipchawaii.org (Injury prevention)

www.patchhawaii.org

www.ppdsupport.org

www.safesleephawaii.org

www.theparentline.org

www.uhfamily.hawaii.edu

www.vanderbilt.edu/csefel

www.yourohana.org/our-network (Home Visiting)

www.zerotothree.org



The Parent Line

2019-2020

Resource Directory for Parents of Young Children

The Parent Line is Hawai'i's premier resource on child behavior, child development, parenting support, and community resources.

For information, please contact:

O'ahu: (808) 526-1222

Neighbor Islands: 1-800-816-1222

Monday - Friday 8:00 am - 6:00 pm & Saturday 9:00 am - 1:00 pm

www.theparentline.org

Emergency Services

General Emergency: 911 (Police, fire and ambulance)

Poison Center: 1-800-222-1222 Statewide toll-free (24 hours)

Funded by Hawai'i Department of Health, Maternal and Child Health Branch

We provide access to our activities without regard to race, color, national origin (including language), age, sex, religion or disability. Write or call our Affirmative Action Officer at Box 3378, Honolulu, HI 96801-3378 or at (808) 586-4616 (voice) within 180 days of a problem.

REVISED 02/19

Crisis Services

Access Adult Mental Health Division 24-hour Suicide and Crisis Line

O'ahu 832-3100
Statewide (Toll-free) 1-800-753-6879

Child Welfare/Protective Services

O'ahu (24-hours) 832-5300
Statewide (Toll-free) 1-800-494-3991

Child Help USA (24-hours)

Child Abuse Hotline 1-800-422-4453

Child and Family Service

Domestic Violence Hotline 841-0822

Parent Education and Family Support

Catholic Charities Hawaii!

O'ahu 524-4673
E. Hawaii 935-4673
Maui 873-4673
Kauai 241-4673

Child & Family Service

O'ahu 681-3500
E. Hawaii 935-2188
W. Hawaii 323-2664
Kauai 245-5914
Maui 877-6888
Molokai 553-5529

Developing Options to Violence

Support for Victims of Domestic Violence) O'ahu 532-5100

Early Head Start (Parent education/child development activities for children ages 3 yrs-3 yrs of low income families)
O'ahu 842-5996
W. Hawaii 334-4123

Family Centers

O'AHU
Kahalu'u (K.E.Y. Community Ctr.) 239-5777
Kāne'ōhe (PACT) 235-7747
Kūhio Park Terrace (PACT) 841-6177
BIG ISLAND
Waimea 885-0086
(AUA)'
Ianalaei Community Center 826-1011
Kapa'a (CFS) Hale Ho'omalu 821-2520
Waimea (CFS) Nana's House 338-0252

Domestic Violence Drop-in Centers

Pu'uhonua Crisis Counseling 526-2200
Oh'i'a Shelter (24-hour Hotline) 526-2200

Domestic Violence Action Center

Statewide 531-3771

Hale Kipa

O'ahu 589-1829
Kauai 246-4898

Sex Abuse Treatment Center

24-hour Hotline 524-7273
Main Office 535-7600

Sex Assault Support Services

Big Island (24-hour Crisis Center) 935-0677
Kauai (24-hour Crisis Center) 245-4144

Family Peace Center

(Domestic violence intervention for victims, batterers and child witnesses)
O'ahu 832-0855
Maui (PACT) 243-7001

Hawaii's Children's Action Network

(Parents and community councils supporting families with young children)
O'ahu 531-5502

Maui County Early Childhood Resource Center 242-1608

Your 'Ohana Network

(Intake, screening, and early intervention services for children up to 36 months of age)
O'ahu 681-1555
E. Hawaii 961-3877

Keiki Central (A one-stop virtual hub for programs/services for young children and their families, powered by AUW 2-1-1)
Statewide keikicentral.org or 2-1-1

Maui Family Support Services (Parent education and family support) 242-0900

Neighborhood Place

O'AHU 841-6177
Kalihi 696-4598
BIG ISLAND
Kona 331-8777
Puna 965-5550

PAREN.T.S.

(Parent Education Groups)
O'ahu 235-0255
E. Hawaii 934-9552

Shelter and Crisis Lines for Family Violence (24-hours)

O'AHU 841-0822
Honolulu & Leeward 526-2200
Windward

NEIGHBOR ISLANDS

E. Hawaii 959-8864
W. Hawaii 322-7233
Kauai 245-6362
Maui 579-9581
Molokai 567-6888

National Domestic Violence Hotline

1-800-799-7233

Partner's In Development Foundation

(Tūtū and Me Traveling Preschool)
O'ahu 524-7633

NEIGHBOR ISLANDS

E. Hawaii 982-4102
N. Hawaii 885-1200
S. Hawaii 929-8571
Hilo 934-7476
Kona 327-9327
Honoka'a 775-0797
E. Kauai 822-4280
W. Kauai 335-0501
E. Maui 893-2132
W. Maui 249-2430
Molokai 560-5642

Lili'uokalani Trust

(Services for Hawaiian orphans or destitute children)
O'ahu 668-2314

Hilo 935-9381
Kona 329-7336
Kauai 245-1873
Maui 242-8888
Lāna'i & Koolau Poko 235-7613
Molokai 553-5369

The Parent Line

O'ahu 526-1222
Neighbor Islands (Toll-free) 1-800-816-1222

Health, Nutrition and Family Planning

American Red Cross

Infant CPR Classes/
Baby Sitter Training 734-2101
E. Hawaii 935-8305
Maui 244-0051

Breastfeeding Services of Maui 572-5237

U.S. Consumer Products Safety Commission Hotline

1-800-638-2772

Department Of Health

(Birth, Marriage, Divorce and Death Certificate Info)

O'ahu 586-4533
Hawaii 974-6008
Kauai 241-3498
Maui & Lāna'i 984-8210
Molokai 553-7870
Information Line 586-4400

Family Planning Information Lines

O'ahu 737-6311
Neighbor Islands 2-1-1
Planned Parenthood (Honolulu clinic) 589-1149

Hawaii Mothers Milk, Inc.

(Information on breastfeeding) 949-1723

Keiki Injury Prevention Coalition

(Child safety information) 983-6800

Kids Health Insurance Hotline

(HI covering kids—free/low-cost healthcare for children)
AUW Statewide (Toll-free) 2-1-1

Kokua Kalihi Valley

(Family planning and nutrition info)
O'ahu 791-9400

Kona Lactation Center

322-4482

La Leche League 1-877-452-5324

Mary Jane Program

(Residential services and support for pregnant women 18 and older) 261-9776

Med-QUEST

(Low income health insurance)

Main 587-3521
O'ahu 587-3540
Kapolei 692-7364
NEIGHBOR ISLANDS
E. Hawaii 933-0339
W. Hawaii 327-4970
Kauai 241-3575
Maui 243-5780 / 1-800-894-5755
Molokai 553-1758

Child Care, Preschool and Play Activities

Child Care Connections (DHS)

Honolulu 566-2600
Waipahu 356-5577
Maui 249-2461

Head Start

(Info on free preschool programs for ages 3 to under 5 years of low income families)

O'ahu (HCAP) 847-2400

Kalihi (PACT) 842-5996

NEIGHBOR ISLANDS

Hawaii (PACT) 961-0570
Kauai (CFS) 245-5914
Maui (MEO) 249-2988
Molokai (MEO) 553-5472/553-3727

Keiki 'O Ka 'Āina (Child care help for Native Hawaiian families)
O'ahu 843-2502

P.A.T.C.H.

(Child Care Referrals)
O'ahu 839-1988
E. Hawaii 961-3169
W. Hawaii 322-3500
Kauai 246-0622
Maui Lāna'i & Molokai 242-9232

Community Based Parent Education

(CPBE)
O'ahu 681-1553
E. Hawaii 681-1553
W. Hawaii 681-1553
Kauai 681-1553
Maui 681-1553

YMCA

(Parent-child activity classes and child care)
O'ahu 531-3558
Hawaii 935-3721
Kauai 246-9090
Maui 242-9007

YWCA (Parent-child activity classes/ childcare/preschool)
O'ahu 538-7061
E. Hawaii 935-7141
Kauai 245-5959

Healthy Mothers Healthy Babies

(Information and referrals)
O'ahu 737-5805
Neighbor Islands 1-888-951-6661

National Lead Information Center

(Info on childhood lead poisoning) 1-800-424-5323

Public Health Nursing Section

O'AHU 733-9220
E. Honolulu 832-5757
W. Honolulu 453-6190
Central 675-0073
Leeward 233-5450
Windward
Valley Isle Childbirth Education (Childbirth, infant care, and breastfeeding info) 572-5237

IN PEACE—Keiki Steps

(For children ages 0-5 yrs.)
O'ahu 620-9043
Big Island & Molokai 933-2933

Preschool Open Doors

(DHS—Preschool subsidies)
O'ahu 791-2130
Neighbor Islands (Toll-free) 1-800-746-5620

Tiny Tots Program

(Dept. of Parks and Rec. for ages 3-5 yrs.)
O'AHU 768-8944
Hawaii Kai to McCully 768-9292
Makiki to Aiea 675-6030
Pearl City to Wai'anae/Wahawa 768-8987
Wai'anae to Waimanalo

YMCA

(Parent-child activity classes and child care)
O'ahu 531-3558
Hawaii 935-3721
Kauai 246-9090
Maui 242-9007

YWCA

(Parent-child activity classes/ childcare/preschool)
O'ahu 538-7061
E. Hawaii 935-7141
Kauai 245-5959

NEIGHBOR ISLANDS

E. Hawaii 974-6025
W. Hawaii 322-1500
Kauai 241-3387
Maui 984-2128
Molokai 553-7880
Lāna'i 565-7114

WIC (DOH—Nutrition education and food supplement program for women, infants and children)
O'ahu 586-8175
Neighbor Islands 1-888-820-6425

Valley Isle Childbirth Education

(Childbirth, infant care, and breastfeeding info) 572-5237