

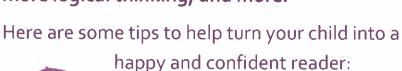
A Newsletter for Parents of Young Children

SUMMER 2017

The Parent Line

Let's Read Together!

Reading to our children from an early age and as often as possible is important—there are many wonderful benefits that come from exposing young children to reading. It helps to strengthen our relationships with young ones, improves basic speech and communication skills, teaches children more logical thinking, and more.





Read together every day: Create a special time every day where you read to your child. Make this a warm and loving time when you can cuddle close.

Give everything a name: Help build your child's vocabulary by pointing out interesting objects and talking about them. For example, "Look at that car! Those are the wheels on the car. What do the wheels do?"

Read with fun and different voices: Read to your child with humor and expression! Use different voices and sound affects—make it fun!



Together you can make reading a fun and memorable experience that will help nurture a lifelong love for reading!

Source: www.ReadingRockets.org

THE PARENT LINE IS HAWAFTS PREMIER RESOURCE ON CHILD BEHAVIOR, CHILD DEVELOPMENT AND PARENTING SUPPORT WWW.THE PARENTLINE.ORG

A Parent Asks: When is my child ready for preschool?

Experts agree that preschool helps kids socialize, begin to share and interact with other children and adults. Your three-year old is out of diapers and seems to enjoy playing with peers. But is he or she ready to start preschool? Are you ready? And just what are the benefits of preschool? For most kids, it's an experience that should not be missed, experts say.

"I believe that all three—or four year—olds should have the opportunity and advantages of attending preschool," says Anna Jane Hays, a child development expert in Santa Fe "It is just too valuable of a beginning, now that we know children are capable of learning at such an early age. The consensus is 'the sooner, the better' in regard to a structured opportunity for learning."

Readiness is key, because starting preschool too soon can be stressful for a child. If your child is not ready for preschool as

soon as you would like, do not let it worry you, Saltz says. "It is not so crucial."

source www.webmd.com/natenting/



Special Days to Remember

June 11: King Kamehameha Day

June 18: Father's Day

July 4: Independence Day July 23: National Parents' Day AUGUST IS FAMILY FUN MONTH

August 6: Friendship Day August 18: Statehood Day August 21: Senior Citizens Day August 26: Women's Equality

Dav

Craft Corner: Cloud Collage

Materials:

- -Cotton balls
- -A variety of blue paper (different colors and textures)
- -Glue
- -Paintbrush for glue

Activity:

- 1. Use a blue page to be the sky or background
- Get your child to tear the remaining blue papers into strips and shapes
- 3. Layer the strips and shapes onto the sky and glue in place
- 4. Arrange the cotton balls into cloud clumps
- 5. Glue in place

Source: www.kidspot.com

SUGGESTED READINGS Books Available at the State Libraries



OH, NO! By CANDACE FLEMING

AND THEN IT'S SPRING BY JULIE FOGLIANO

HELLO! HELLO!
BY MATTHEW
CORDELL

CHLOE BY PETER MCCARTY

SPOTLIGHT ON SAFETY: BEACH SAFETY

Whether you are a frequent beach go-er, or a newbie to the waters, beach safety tips are always important to ensure you and your family remain safe and enjoy your time in the sun:

SUN: Apply a broadspectrum, waterproof sunscreen to all areas of exposed skin. Try to provide children with as much protective gear as possible such as sunglasses, hats, and a shady place to rest.

SWIMMING: Swimming the ocean is different than in a pool, and waves, current, and tides can be of potential danger. Never leave children unattended in the ocean.

FOOD AND WATER: Potlucks at the beach are delicious, but beware that the hot temperatures can cause food to quickly spoil. Try to pack non-perishable foods and be sure to keep hydrated throughout the day by drinking lots of water.

RULES: Children should follow all instructions from lifeguards. Take note of warnings on beach, such as high tide or man-of-war sightings.



For more information on water safety visit kipchawaii.org