Resource Directory for Parents of Young Children

The Parent Line is Hawai‘i’s premier resource on child behavior, child development, parenting support, and community resources.

For information, please contact:

O‘ahu: (808) 526-1222
Neighbor Islands: 1-800-816-1222

Monday-Friday 9:00 am - 7:00 pm &
Saturday-Sunday 9:00 am - 2:00 pm

www.theparentline.org

Emergency Services

General Emergency: 911 (Police, fire and ambulance)
Suicide & Crisis Lifeline: 988 (Mental health crisis services)
Poison Center: 1-800-222-1222 Statewide toll-free (24 hours)

Funded by the Hawai‘i State Department of Health, Maternal and Child Health Branch

We provide access to our activities without regard to race, color, national origin (including language), age, sex, religion or disability. Write or call our Affirmative Action Office at Box 3378, Honolulu, HI 96801-3378 or at (808) 586-4616 (voice) within 180 days of problem.
**Crisis Services**

**Access Adult Mental Health Division 24-hour Suicide Crisis Line**
- O‘ahu: 832-3100
- Statewide (Toll-Free): 1-800-753-6879

**Child Welfare Services**
- O‘ahu (24-hours): 832-5300
- Statewide (Toll-Free): 1-888-380-3088

**Child Help USA (24-hours)**
- Child Abuse Hotline: 1-800-422-4453

**Child and Family Service**
- Domestic Violence Hotline: 841-0822

**Domestic Violence Action Center**
- Statewide: 531-3771

**Hale Kipa**
- O‘ahu: 589-1829
- Kaua‘i: 541-729-1630

**Sex Abuse Treatment Center**
- 24-hour Hotline: 524-7273
- Main Office: 535-7600

**Sex Assault Support Services**
- Big Island (24-hour Hotline): 935-0677
- Kaua‘i (24-hour Hotline): 245-4144
- Maui (24-hour Hotline): 873-8624

**Human Trafficking of Children**
- O‘ahu (24-hours): 832-1999
- Statewide (Toll-Free): 888-398-1188

**Parent Education and Family Support**

**Catholic Charities Hawai‘i**
- O‘ahu: 521-4357 / 524-4673
- E. Hawai‘i: 961-7050 / 935-4673
- Maui: 873-4673
- Kaua‘i: 241-4673

**Child and Family Service**
- O‘ahu: 681-3500
- E. Hawai‘i: 935-2188
- W. Hawai‘i: 323-2664
- Maui: 877-6888
- Kaua‘i: 245-5914
- Moloka‘i: 553-5529

**Developing Options to Violence**
- (Support for Victims of Domestic Violence)
  - O‘ahu (CFS): 532-5100

**Neighborhood Place**
- O‘AHU
  - Waianae: 696-4598
  - Kailihi: 841-6177

**BIG ISLAND**
- Kona: 331-8777
- Puna: 965-5550

**P.A.R.E.N.T.S (Parent Education Groups)**
- O‘ahu: 235-0255
- E Hawai‘i: 934-9552

**Parents And Children Together (PACT)**
- O‘ahu: 847-3285
- Hawai‘i: 961-0570
- Maui: 243-7001
- Kaua‘i: 821-0574

**Maui Family Support Services**
- (Parent education and family support): 242-0900

**PACT Family Peace Center**
- (Domestic violence intervention for victims, batterers, and child witnesses)
  - O‘ahu: 832-0855
  - Maui (PACT): 243-7001

**Hawai‘i Children's Action Network**
- (Parents and community councils supporting families with young children)
  - O‘ahu: 531-5502
  - Maui County Early Childhood Resource Center: 242-1608

**Your 'Ohana Network (Home Visiting)**
- (Intake, screening, and early intervention services for children up to 36 months of age)
  - O‘ahu (Waimānalo): 741-3801 / 282-4070
  - E. Hawai‘i (YWCA): 961-3877

**Keiki Central**
- (A one-stop virtual hub for programs/services for young children and their families, powered by Aloha United Way 2-1-1)
  - Statewide: auw211.org/s/keiki-central

**Family Centers**
- O‘AHU
  - Kahalu‘u (K.E.Y. Project): 239-5777
  - Kāne‘ohe (PACT): 235-7747
  - Kūhī Park Terrace (PACT): 841-6177

- BIG ISLAND
  - Waimea: 885-0086

**KUAA‘I**
- Hanalei Community Center: 826-1011
- Kaua‘i (CFS) Hale Ho‘omaluhia: 821-2520
- Waimea (CFS) Nana’s House: 338-0252

**The Parent Line**
- O‘ahu: 526-1222
- Neighbor Islands (Toll-Free): 800-816-1222

**Shelter and Crisis Lines for Family Violence (24-hours)**
- O‘AHU
  - Honolulu & Leeward: 841-0822
  - Parents And Children Together (PACT): 526-2200

**NEIGHBOR ISLANDS**
- E. Hawai‘i: 959-8864
- W. Hawai‘i: 322-7233
- Kaua‘i: 245-6362
- Maui: 579-9581
- Moloka‘i: 567-6888

**National Domestic Violence Hotline**: 1-800-799-7233

**Abuse, Neglect, or Financial Exploitation of Vulnerable Adults**
- Statewide: 832-5115

**Lili‘uokalani Trust**
- (Services for Hawaiian orphans or destitute children)
  - O‘ahu: 668-2314
  - Hilo: 935-9381
  - Kona: 329-7336
  - Kaua‘i: 245-1873
  - Maui: 242-8888
  - Moloka‘i: 553-5369
  - Lāna‘i & Koolau Poko: 235-7613

**Family Hui Hawai‘i**
- (Parent support groups, child development and parenting strategies, developmental screening for families, prenatal - 5 years old)
  - Statewide: 230-7112

Cont. Parent Education & Family Support to next page
Health, Nutrition, and Family Planning

American Red Cross
Infant CPR Classes/Baby Sitter Training ......................................... 734-2101
E. Hawai‘i ........................................................................ 935-8305
Maui ............................................................................. 244-0051

U.S. Consumer Products Safety Commission Hotline .............. 1-800-638-2772

Department of Health (Birth, Marriage, Divorce, and Death Certificate Info)
O‘ahu ........................................................................... 586-4542
Hawai‘i .......................................................................... 974-6008
Kaua‘i ........................................................................... 241-3498
Maui & Lāna‘i ................................................................. 984-8210
Moloka‘i ......................................................................... 553-7870
Information Line .............................................................. 586-4400

Family Planning Information Lines
Honolulu Clinic .................................................................. 589-1149

Hawaii Mothers’ Milk, Inc. (Information on breastfeeding) ......... 949-1723

Keiki Injury Prevention Coalition (Child safety information) .......... 983-6800

Kokua Kaliki Valley
(Family planning and nutrition info) ........................................... 791-9400

La Leche League ................................................................. 1-877-452-5324

Mary Jane Program
(Residential services and support for pregnant women 18 and older) ................................................................. 261-9776

Med-QUEST (Low income health insurance)
Main ............................................................................. 587-3521
O‘ahu ........................................................................... 587-3540
Kapolei ........................................................................... 692-7364

 peasant

NEIGHBOR ISLANDS
E. Hawai‘i ........................................................................ 933-0339
W. Hawai‘i ...................................................................... 327-4970
Kaua‘i .................................................................. 241-3575
Maui ............................................................................ 243-5780/1-800-894-5755
Moloka‘i ......................................................................... 553-1758

Child Care, Preschool, and Play Activities

Child Care Connections (DHS)
Honolulu ................................................................. 566-2600
Waipahu ........................................................................ 356-5577
Maui ............................................................................. 249-2461

Early Head Start (ages birth to 3 years)
Head Start (ages 3 to under 5 years)
Info on free preschool programs for low income families
Hawai‘i (PACT) .............................................................. 961-0570
Kaua‘i (CFS) .................................................................. 245-5914
Maui (MEO) ................................................................. 249-2988
Moloka‘i (MEO) ............................................................ 553-3727

P.A.T.C.H. (Child Care Referrals)
O‘ahu ........................................................................... 839-1988
E. Hawai‘i ..................................................................... 961-3169
W. Hawai‘i ..................................................................... 322-3500
Kaua‘i ........................................................................... 246-0622
Maui, Lāna‘i & Moloka‘i ................................................ 242-9232

Keiki O Ka ‘Āina (Child care help for Native Hawaiian families)
Statewide ....................................................................... 843-2502
HIPPY Kindergarten Readiness – O‘ahu, Maui, Kona
Kulia I Ka Nu‘u – Community Based
Parents as Teachers Home Visiting
Parent Participation Preschool – O‘ahu
Drop Off Preschool – O‘ahu
Teen Prevention Program

INPEACE - Keiki Steps
(For children ages 0-5 yrs.)
O‘ahu ........................................................................... 620-9043
Big Island & Moloka‘i .................................................. 933-2933/560-0335

Preschool Open Doors
(DHS- preschool subsidies)
O‘ahu ........................................................................... 791-2130
Neighbor Islands (Toll-free) .............................................. 1-800-746-5620

Tiny Tots Program
(Dept. of Parks and Rec., for ages 3-5 yrs.)
O‘AHU
Hawai‘i Kai to McCully .................................................. 768-8944
Makiki to Aiea ............................................................... 768-9292
Pearl City to Wai‘anae/Wahiawa ...................................... 768-6898
Waialua to Waimānalo .................................................. 768-8987

YMCA (Parent-child activity classes and child care)
O‘ahu ........................................................................... 531-3558
E. Hawai‘i ..................................................................... 935-3721
Kaua‘i .................................................................. 246-0909
Moloka‘i ...................................................................... 242-9007

YWCA (Parent-child activity classes and child care/preschool)
O‘ahu ........................................................................... 538-7061
E. Hawai‘i ..................................................................... 935-7141
Kaua‘i .................................................................. 245-5959

Public Health Nursing Section

O‘AHU
E. Honolulu .................................................................. 733-9220
W. Honolulu ................................................................. 832-5757
Central ................................................................. 453-6190
Leeward .................................................................. 675-0073
Windward ............................................................... 233-5450

NEIGHBOR ISLANDS
E. Hawai‘i ..................................................................... 974-6025
W. Hawai‘i ..................................................................... 322-1500
Kaua‘i .................................................................. 241-3387
Maui ............................................................................. 984-8260
Moloka‘i ...................................................................... 553-7880
Lāna‘i ........................................................................... 565-7114

Healthy Mothers Healthy Babies Coalition of Hawaii:
Mama Mama Medical Mobile Van,
Breastfeeding Support, Family Planning Services, Food Distribution
O‘ahu ........................................................................... 737-5805

Valley Isle Childbirth Education
(Childbirth, infant care, and breastfeeding info) ......................... 572-5237

National Lead Information Center (Info on childhood lead poisoning) ................................................................. 1-800-424-5323

WIC (DOH - Nutrition education and food supplement program for women, infants and children
O‘ahu ........................................................................... 586-8175

Healthy Mothers Healthy Babies Coalition of Hawaii:
Mama Mama Medical Mobile Van,
Breastfeeding Support, Family Planning Services, Food Distribution
O‘ahu ........................................................................... 737-5805

Valley Isle Childbirth Education
(Childbirth, infant care, and breastfeeding info) ......................... 572-5237
**Immigrant & Refugee Services**

**Bilingual Access Line (Interpreters)** .......................................................... 526-9724

**Goodwill Industries Inc** (Immigrant employment services)
O‘ahu................................................................. 792-8555
Maui.............................................................................. 871-4143

**Child and Family Service**
(Overseas Core Services for Refugees).......................... 543-8436

**Kalihi-Palama Health Center** (Low cost medical, pediatric, family planning & social services).................. 848-1438
Dental Services......................................................... 845-0686
Optometry Services.................................................. 792-5599

**Pacific Gateway Center**
(Immigrant Center)...................................................... 851-7010

**Trafficking Victim Assistance Program**
Susannah Wesley Community Center (24/7 Crisis Support)..... 847-1535

**Legal Aid Society of Hawai‘i** (Legal advice and assistance for low-income families)
O‘ahu................................................................. 536-4302
Neighbor Islands............................................. 1-800-499-4302

**Shriners Hospitals for Children**
(Keiki Walk-In Injury Clinic 24 hours)
O‘ahu................................................................. 951-3620

**Special Parent Information Network**
(For families of children with special needs)
Statewide........................................................... 586-8126

**Mālama Family Recovery Services** ......................................................... 668-2277

**The PATH Clinic**
(Home visits to Navy & Marine families with newborns)........ 628-5735

**Telecommunications Relay Services**
(Sprint relay Hawai‘i assists individuals in completing local calls free of charge)

**Parents and Children Together (PACT)**
Behavioral Health Support (for adolescents)....................... 848-5312
Child Abuse and Neglect Prevention & Treatment
(Closed Referrals Only)
DHS Family Strengthening Services............................. 841-2245
DHS Voluntary Case Management................................ 628-5735

**Internet Resources**

- [www.auw211.org](http://www.auw211.org)
- [www.charlieskids.org](http://www.charlieskids.org)
- [www.childandfamilyservice.org](http://www.childandfamilyservice.org)
- [www.cpsc.gov](http://www.cpsc.gov) (Consumer product safety)
- [www.cribsforkids.org](http://www.cribsforkids.org)
- [www.friendsrnc.org](http://www.friendsrnc.org)
- [www.hawaii-can.org](http://www.hawaii-can.org)
- [www.hawaiichildrenstrustfund.org](http://www.hawaiichildrenstrustfund.org)
- [www.healthycildren.org](http://www.healthycildren.org)
- [www.hmnhhawaii.org](http://www.hmnhhawaii.org)
- [www.honoluluupd.org](http://www.honoluluupd.org)
- [www.kipchawaii.org](http://www.kipchawaii.org) (Injury Prevention)
- [www.pacthawaii.org](http://www.pacthawaii.org)
- [www.patchhawaii.org](http://www.patchhawaii.org)
- [www.ppdsupportthi.wordpress.com](http://www.ppdsupportthi.wordpress.com)
- [www.safesleephawaii.org](http://www.safesleephawaii.org)
- [www.theparentline.org](http://www.theparentline.org)
- [www.uhfamily.hawaii.edu](http://www.uhfamily.hawaii.edu)
- [www.vanderbilt.edu/csefel](http://www.vanderbilt.edu/csefel)
- [www.yourohana.org/our-network](http://www.yourohana.org/our-network) (Home Visiting)
- [www.zerotothree.org](http://www.zerotothree.org)
- [https://hawaiifamilyguide.com/](https://hawaiifamilyguide.com/)
## Additional Maui, Moloka‘i & Lāna‘i Resources

### CRISIS SERVICES

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child Welfare/Protective Services</td>
<td></td>
</tr>
<tr>
<td>Lāna‘i</td>
<td>565-7104</td>
</tr>
<tr>
<td>Maui</td>
<td>243-5162</td>
</tr>
<tr>
<td>Moloka‘i</td>
<td>553-1703</td>
</tr>
<tr>
<td>Aloha House, Inc. (Addiction &amp; Mental Health Treatment)</td>
<td>Access Line: 1-800-753-6879</td>
</tr>
<tr>
<td>Maui</td>
<td>579-8414</td>
</tr>
<tr>
<td>Maui Youth &amp; Family Services</td>
<td></td>
</tr>
<tr>
<td>Provides emergency shelter, prevention services, and community-based substance abuse treatment for youth</td>
<td>Emergency shelter: 579-8406</td>
</tr>
<tr>
<td>Maui</td>
<td>579-8414</td>
</tr>
<tr>
<td>Sexual Assault Support Services</td>
<td></td>
</tr>
<tr>
<td>Maui</td>
<td>873-8624</td>
</tr>
</tbody>
</table>

### HEALTH, NUTRITION AND FAMILY PLANNING

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>American Red Cross</td>
<td></td>
</tr>
<tr>
<td>Provides disaster response, First Aid &amp; CPR training classes</td>
<td>Maui: 244-0051</td>
</tr>
<tr>
<td>Maui Family Planning</td>
<td></td>
</tr>
<tr>
<td>Education, information and links to community resources</td>
<td>Maui: 871-1176</td>
</tr>
<tr>
<td>Valley Isle Childbirth (Breastfeeding Services of Maui)</td>
<td>Makawao: 572-5237</td>
</tr>
<tr>
<td>Women Infant Children (WIC)</td>
<td></td>
</tr>
<tr>
<td>Maui</td>
<td>984-8225</td>
</tr>
<tr>
<td>Moloka‘i</td>
<td>660-2614</td>
</tr>
<tr>
<td>Lāna‘i</td>
<td>565-6919</td>
</tr>
</tbody>
</table>

### CHILD CARE, PRESCHOOL AND PLAY ACTIVITIES

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boys &amp; Girls Club of Maui</td>
<td>242-4363</td>
</tr>
<tr>
<td>Child Care Connection Hawaii (Provides child care subsidies to eligible families)</td>
<td>Maui, Lāna‘i, Moloka‘i: 249-2360</td>
</tr>
<tr>
<td>Early Head Start</td>
<td></td>
</tr>
<tr>
<td>Maui</td>
<td>242-0900</td>
</tr>
<tr>
<td>Moloka‘i</td>
<td>553-8114</td>
</tr>
<tr>
<td>Lāna‘i</td>
<td>565-7484</td>
</tr>
<tr>
<td>Hana Youth Center (Free recreational, cultural and educational activities for children ages 8-18 yrs)</td>
<td><a href="mailto:hanayouthcenter@aim.com">hanayouthcenter@aim.com</a></td>
</tr>
<tr>
<td>Head Start</td>
<td></td>
</tr>
<tr>
<td>Maui</td>
<td>249-2988</td>
</tr>
<tr>
<td>Lāna‘i</td>
<td>565-6665</td>
</tr>
<tr>
<td>Moloka‘i</td>
<td>553-9805</td>
</tr>
<tr>
<td>Preschool Open Doors</td>
<td></td>
</tr>
<tr>
<td>Toll Free</td>
<td>1-800-746-5620</td>
</tr>
<tr>
<td>YMCA</td>
<td>242-9007</td>
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</tbody>
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### PARENT EDUCATION AND FAMILY SUPPORT

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Alu Like Inc</td>
<td>535-6700</td>
</tr>
<tr>
<td>Catholic Charities Hawai‘i (Provides support and training services to resource caregivers)</td>
<td>Maui: 873-4673</td>
</tr>
<tr>
<td>Enhanced Healthy Start</td>
<td></td>
</tr>
<tr>
<td>Maui</td>
<td>242-0900</td>
</tr>
<tr>
<td>Lāna‘i</td>
<td>565-7484</td>
</tr>
<tr>
<td>Hui Malama Learning Center (Alternative education for youth and GED Preparation Classes)</td>
<td>Maui: 244-5911</td>
</tr>
<tr>
<td>Imua Family Services Early Intervention Program</td>
<td>Maui: 244-7467</td>
</tr>
<tr>
<td>Ka Hale A Ke Ola Homeless Resource Centers, INC</td>
<td>Wailuku: 242-7600</td>
</tr>
<tr>
<td>Mediation Services of Maui</td>
<td>244-5744</td>
</tr>
<tr>
<td>Parents And Children Together (PACT)</td>
<td></td>
</tr>
<tr>
<td>Maui Family Peace Center</td>
<td>243-7001</td>
</tr>
<tr>
<td>Your 'Ohana (Provides voluntary home visiting services)</td>
<td>Wailuku: 244-4144</td>
</tr>
<tr>
<td>Lāna‘i</td>
<td>242-0900</td>
</tr>
<tr>
<td>Moloka‘i</td>
<td>560-0035</td>
</tr>
</tbody>
</table>

### SPECIFIC CONCERNS

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Al-Anon/Alateen (Support for family and friends affected by alcohol addiction and/or abuse)</td>
<td>Maui Information Hotline: 242-0296</td>
</tr>
<tr>
<td>CARE Hawaii, Inc. (Provides addiction services under Adult Drug and Alcohol Division)</td>
<td>Maui: 242-6131</td>
</tr>
<tr>
<td>Ka Hale A Ke Ola &amp; Na Hale O Waine’e (Homeless Resource Centers)</td>
<td>Wailuku: 242-7600</td>
</tr>
<tr>
<td>Lahainahana: 662-0076</td>
<td></td>
</tr>
<tr>
<td>Malama Family Recovery Center (Provides substance abuse services to women and their children)</td>
<td>Maui: 877-7117</td>
</tr>
<tr>
<td>The Friends of the Children's Justice Center</td>
<td>Maui: 986-8634</td>
</tr>
<tr>
<td>The Youth Alcohol, Tobacco and Other Drugs Prevention Project (For youth ages 11-18 and their families)</td>
<td>Maui/Moloka‘i: 243-4315</td>
</tr>
<tr>
<td>Parents And Children Together (PACT)</td>
<td></td>
</tr>
<tr>
<td>Child Sex Trafficking (Comprehensive case management services for minors and their families of sex trafficking)</td>
<td>Maui: 243-7001</td>
</tr>
<tr>
<td>To report sex trafficking</td>
<td>721-9614</td>
</tr>
</tbody>
</table>
Additional Big Island Resources

CRISIS SERVICES

Alternatives to Violence
E. Hawai‘i.................................................................935-2188
W. Hawai‘i...............................................................323-2664

Domestic Abuse Hotline
E. Hawai‘i.................................................................................959-8864

Spousal Abuse Hotline
W. Hawai‘i............................................................................322-7233

HEALTH, NUTRITION AND FAMILY PLANNING

American Red Cross
E. Hawai‘i.................................................................935-8305

Hawaii Food Bank
E. Hawai‘i..............................................................................933-6030

Planned Parenthood of Hawaii
Toll Free...........................................................................1-800-769-0045

WIC (DOH – Nutrition education and food supplement program for Women, Infants and Children)
E. Hawai‘i..............................................................................974-4270
W. Hawai‘i..............................................................................322-1400

SPECIFIC CONCERNS

Al-Anon (Support for family and friends affected by alcohol addiction and/or abuse)
Hawai‘i Information Hotline......................................................935-0971

Alu Like, Inc. (Provides employment training and supports to youth and adults)
E. Hawai‘i..............................................................................961-2625

CARE Hawaii, Inc. (Substance abuse treatment and support for adults and adolescents)
E. Hawai‘i..............................................................................930-0777
W. Hawai‘i..............................................................................327-6500

Easter Seals Early Intervention Program
E. Hawai‘i..............................................................................935-3050

Friends of the Children’s Justice Center
E. Hawai‘i..............................................................................935-8755

Hamakua Youth Program
N. Hawai‘i..............................................................................775-0976

Hope Services Hawai‘i (Homeless prevention and permanent supportive housing Services)
E. Hawai‘i..............................................................................935-3050

Ke Ala Pono
E. Hawai‘i..............................................................................246-0663

Legal Aid Society of Hawai‘i (Intake Hotline)
E. Hawai‘i/ W. Hawai‘i...............................................................536-4302
Toll-Free..............................................................................1-800-499-4302

PARENT EDUCATION AND FAMILY SUPPORT

Catholic Charities Hawai‘i
E. Hawai‘i..............................................................................935-4673

Child and Adolescent Division (DOH - Provides mental health prevention and treatment services to children, youth, and their families with emotional & behavioral challenges.)
E. Hawai‘i..............................................................................933-0610

Child and Family Service
E. Hawai‘i..............................................................................935-2188
W. Hawai‘i..............................................................................323-2664

Easter Seals Hawai‘i Hilo Early Intervention Program (Early intervention services to support the development of infants and toddlers from birth to 3 years of age with special needs)
E. Hawai‘i..............................................................................961-3081

Family Court (Kids First - For families going through divorce)
E. Hawai‘i..............................................................................961-7500

W. Hawai‘i..............................................................................443-2112

Family Programs Hawai‘i
E. Hawai‘i..............................................................................935-2876
Toll Free..............................................................................1-866-545-0882

Family Support Services of West Hawai‘i
W. Hawai‘i..............................................................................326-7778

Family Support Services of West Hawai‘i Child Development Program (Early Intervention services to support the development of infants and toddlers from birth to 3 years of age with special needs)
Kona......................................................................................376-2363
North Hawai‘i........................................................................885-0086 ext. 13

Neighborhood Place of Puna Hale 'Iki Family Assessment Center (24-hr Shelter Line)..............................................................................345-0202

Your ‘Ohana (Provides voluntary home visiting services)
E. Hawai‘i..............................................................................930-5727
W. Hawai‘i..............................................................................244-4144

CHILD CARE, PRESCHOOL AND PLAY ACTIVITIES

Boys and Girls Club
E. Hawai‘i..............................................................................961-5536

Child Care Connections Hawaii
E. Hawai‘i..............................................................................961-6807
W. Hawai‘i..............................................................................334-6100

Early Head Start & Head Start.........................................................961-0570

INPEACE (Keiki Steps – Provides free learning experiences for children birth to 5 years of age).................................................................693-7222

Preschool Open Doors
E. Hawai‘i..............................................................................961-2020
W. Hawai‘i..............................................................................322-1400
## Additional Kaua‘i Resources

### CRISIS SERVICES

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child Welfare/Protective Services</td>
<td>274-3320</td>
</tr>
<tr>
<td>Hale Kipa</td>
<td>541-729-1630</td>
</tr>
<tr>
<td>Hale ‘Opio Kaua‘i</td>
<td>635-0210</td>
</tr>
<tr>
<td>Sex Assault/Domestic Violence Crisis Hotline</td>
<td>245-4144</td>
</tr>
<tr>
<td>Women in Need</td>
<td>245-1996</td>
</tr>
<tr>
<td>YWCA (24-hour domestic violence hotline, counseling, support groups, safety planning, referrals and advocacy, assistance with protective orders, and emergency shelter)</td>
<td>245-6362</td>
</tr>
<tr>
<td>Alternatives to Violence</td>
<td>245-5959</td>
</tr>
</tbody>
</table>

### HEALTH, NUTRITION AND FAMILY PLANNING

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ho‘ola Lahui Health Clinics</td>
<td>240-0100</td>
</tr>
<tr>
<td>Main Number</td>
<td></td>
</tr>
<tr>
<td>Behavioral Health</td>
<td>240-0194</td>
</tr>
<tr>
<td>Dental (Kapa‘a)</td>
<td>240-0180</td>
</tr>
<tr>
<td>Dental (Waimea)</td>
<td>240-0150</td>
</tr>
<tr>
<td>Medical (Kapa‘a)</td>
<td>240-0170</td>
</tr>
<tr>
<td>Medical (Waimea)</td>
<td>240-0140</td>
</tr>
<tr>
<td>Kaua‘i District Health Office (DOH – provides emergency preparedness, family health services and public health nursing services)</td>
<td>241-3495</td>
</tr>
<tr>
<td>E. Kaua‘i</td>
<td></td>
</tr>
<tr>
<td>WIC (DOH – Nutrition education and food supplement program for Women, Infants and Children)</td>
<td>246-3809</td>
</tr>
<tr>
<td>Kaua‘i Food Bank</td>
<td>246-3809</td>
</tr>
<tr>
<td>Koloa</td>
<td>244-4144</td>
</tr>
<tr>
<td>Your ‘Ohana (Provides voluntary home visiting services)</td>
<td>244-4144</td>
</tr>
</tbody>
</table>

### CHILD CARE, PRESCHOOL AND PLAY ACTIVITIES

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boys &amp; Girls Club</td>
<td>245-2210</td>
</tr>
<tr>
<td>Lihue</td>
<td></td>
</tr>
<tr>
<td>Strong Families Home Visiting</td>
<td>245-5914</td>
</tr>
<tr>
<td>Lihue</td>
<td></td>
</tr>
<tr>
<td>Head Start</td>
<td>240-2833</td>
</tr>
<tr>
<td>Lihue</td>
<td></td>
</tr>
<tr>
<td>Kaua‘i Economic Opportunity, Inc. (After school programs)</td>
<td>245-4077</td>
</tr>
<tr>
<td>Lihue</td>
<td></td>
</tr>
<tr>
<td>P.A.T.C.H. &amp; Preschool Open Doors</td>
<td>246-0622</td>
</tr>
<tr>
<td>Lihue</td>
<td></td>
</tr>
<tr>
<td>YMCA</td>
<td>246-9090</td>
</tr>
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</table>

### PARENT EDUCATION AND FAMILY SUPPORT

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Catholic Charities Hawai‘i (Provides financial assistance)</td>
<td>241-4673</td>
</tr>
<tr>
<td>E. Kaua‘i</td>
<td></td>
</tr>
<tr>
<td>Child and Family Service</td>
<td>245-5914</td>
</tr>
<tr>
<td>Child Support Enforcement Agency (Initiating and eliciting child support)</td>
<td>207-9915</td>
</tr>
<tr>
<td>Easter Seals Hawai‘i Kaua‘i Early Intervention Program (Early intervention services to support the development of infants and toddlers from birth to 3 years of age with special needs)</td>
<td>245-7141</td>
</tr>
<tr>
<td>Family Guidance Center</td>
<td>274-3883</td>
</tr>
<tr>
<td>Life’s Bridges (Provides grief support services to individuals, youth and families)</td>
<td>651-6637</td>
</tr>
<tr>
<td>Malama Pono (Provides case management and planning to obtain essential medical, social and supportive services)</td>
<td>246-9577</td>
</tr>
<tr>
<td>Your ‘Ohana (Provides voluntary home visiting services)</td>
<td>244-4144</td>
</tr>
</tbody>
</table>

### SPECIFIC CONCERNS

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Al-Anon (Support for family and friends affected by alcohol addiction and/or abuse)</td>
<td>888-669-5523</td>
</tr>
<tr>
<td>Children with Special Health Needs (Serves children who have or may have long-term or chronic health conditions that require specialized medical care)</td>
<td>241-3376</td>
</tr>
<tr>
<td>Easter Seals Children’s Center, Lihue</td>
<td>245-7141</td>
</tr>
<tr>
<td>Home and Community Based Services</td>
<td>245-4132</td>
</tr>
<tr>
<td>Hale ‘Opio Kaua‘i (Residential and community programs for education, prevention, and resources for youth)</td>
<td>245-2873</td>
</tr>
<tr>
<td>Kauai Economic Opportunity, Inc. (Housing support for homeless families and employment assistance)</td>
<td>245-4077</td>
</tr>
<tr>
<td>Kaua‘i Teen Court</td>
<td>245-2873</td>
</tr>
<tr>
<td>McKenna Recovery Center (Substance abuse treatment and support for adults and adolescents)</td>
<td>246-0663</td>
</tr>
<tr>
<td>Legal Aid Society of Hawai‘i (Intake Hotline)</td>
<td>1-800-499-4302</td>
</tr>
<tr>
<td>The Mokihana Project (DOE– Support for families who have children with special needs)</td>
<td>274-3505</td>
</tr>
<tr>
<td>U Turn For Christ (Support for male adults in addiction recovery)</td>
<td>951-204-2165</td>
</tr>
</tbody>
</table>

### Other Resources

- Catholic Charities Hawai‘i (24-hour domestic violence hotline, counseling, support groups, safety planning, referrals and advocacy, assistance with protective orders, and emergency shelter) | 245-1996         |
- Hale ‘Opio Kaua‘i (Residential and community programs for youth and families) | 245-7141         |
- Ho‘ola Lahui Clinic (Provides services in primary health care, dental care, behavioral health counseling, substance abuse counseling, health promotion, health education, chronic disease management, nutritional counseling, fitness classes, outreach services, pharmacy services and case management services) | 240-0100         |