



Contact Us

Phone:

808-526-1222

1-800-816-1222



The Parent Line



@theparentline

Scan to Chat:



For more information please
visit our website at:
www.theparentline.org
Mahalo!



A private nonprofit serving Hawai'i since 1899

The Parent Line

Funded by the Hawai'i State Department of Health, Maternal and Child Health Branch

February Virtual Workshops:

• **SAFE SLEEP**

Tuesday, February 6, 2024

@ 12:00 PM - 1:00 PM

When babies sleep safely, parents rest easier. Learn some tips on how to ensure safe sleep for your baby.

• **NURTURING PARENTING ROUTINES**

Tuesday, February 13, 2024

@ 4:00 PM - 5:00 PM

Learn ways to incorporate nurturing parenting techniques into your everyday routines and why they are so important to establish.

• **UNDERSTANDING AND OWNING YOUR FEELINGS**

Thursday, February 22, 2024

@ 12:00 PM - 1:00 PM

Learn more about your own feelings and how to acknowledge and express them.

• **USING REDIRECTION TO MANAGE CHILDREN'S BEHAVIOR**

Thursday, February 29, 2024

@ 11:00 AM - 12:00 PM

Goal: To increase parents' use of verbal and safe and nurturing physical redirection as a behavior management technique for young children.

*The virtual workshops are voluntary and intended for enrichment purposes.
Certifications and/or credits are not offered.*



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Attend our Virtual
Workshops for a
chance to win our

FEBRUARY GIVEAWAY

A Baby Proofing Kit! Which
includes Safety 1st® – Cabinet
Slide Lock, Press Tab Plug
Protectors, Grip 'n Twist Door
Knob, and more!



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Contact The Parent
Line (808) 526-1222
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Sign Up

Sign up for any
virtual workshop
during the month of
February.

3

Attend

For each workshop you
attend it will count as an
entry for the giveaway.
Mahalo and Good Luck!

Terms & Conditions: Must follow all rules. This giveaway is open to NEIGHBOR ISLAND Residents ONLY.

Winner will be randomly selected and will be notified via phone/email by February 29, 2024.

Winner must be willing to provide a mailing address and the prize will be shipped to you for free.

Please contact us if you have any further questions at: (808) 526-1222.