



The Parent Line

Funded by the Hawai'i State Department of Health, Maternal and Child Health Branch

IS OFFERING VIRTUAL WORKSHOPS FOR THE MONTH OF FEBRUARY ON:

USING REDIRECTION TO MANAGE CHILDREN'S BEHAVIOR

Thursday, February 2, 2023 @ 11:00 AM - 12:00 PM

Goal: To increase parents' use of verbal and physical redirection as a behavior management technique for young children.

SAFE SLEEP

Tuesday, February 7, 2023 @ 12:00 PM - 1:00 PM

When babies sleep safe, parents rest easier. Learn some tips on how to ensure safe sleep for your baby.

SELF-CARE FOR PARENTS

Thursday, February 16, 2023 @ 4:00 PM - 5:00 PM

Learn about the importance of self-care and how to self-care, with the whole family too.

NURTURING PARENTING ROUTINES

Tuesday, February 28, 2023 @ 4:00 PM - 5:00 PM

Learn ways to incorporate nurturing parenting techniques into your everyday routines and why they are so important to establish.

FOR MORE QUESTIONS, WORKSHOPS, OR TO RSVP,

CALL THE PARENT LINE AT (808) 526-1222

*The virtual workshops are voluntary and intended for enrichment purposes.
Certifications and/or credits are not offered.*

