



Contact Us

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The Parent Line



@theparentline

Scan to Chat:



For more information please
visit our website at:
www.theparentline.org
Mahalo!



Child & Family
SERVICE

A Hawai'i born nonprofit since 1899



The Parent Line

Funded by the Hawai'i State Department of Health, Maternal and Child Health Branch

February Virtual Workshops:

• UNDERSTANDING TODDLER TEMPER TANTRUMS

Thursday, February 6, 2025

@ 1:00 PM - 2:00 PM

Learn more about toddler temperament and ways to prevent and handle their tantrums.

• HELPING CHILDREN HANDLE THEIR STRESS

Thursday, February 13, 2025

@ 11:00 AM - 12:00 PM

To increase parents' ability to identify children's areas of stress and help them handle their stress.

• SAFE SLEEP

Tuesday, February 18, 2025

@ 12:00 PM - 1:00 PM

When babies sleep safely, parents rest easier. Learn some tips on how to ensure safe sleep for your baby.

• UNDERSTANDING AND OWNING YOUR FEELINGS

Tuesday, February 25, 2025

@ 4:00 PM - 5:00 PM

Learn more about your own feelings and how to acknowledge and express them.

*The virtual workshops are voluntary and intended for enrichment purposes.
Certifications and/or credits are not offered.*