



Contact Us

Phone:

808-526-1222

1-800-816-1222



The Parent Line



@theparentline

Scan to Chat:



For more information please
visit our website at:
www.theparentline.org
Mahalo!



A private nonprofit serving Hawai'i since 1899

The Parent Line

Funded by the Hawai'i State Department of Health, Maternal and Child Health Branch

March Virtual Workshops:

• **SAFE SLEEP**

Tuesday, March 5, 2024

@ 12:00 PM - 1:00 PM

When babies sleep safely, parents rest easier. Learn some tips on how to ensure safe sleep for your baby.

• **STRANGER DANGER**

Thursday, March 14, 2024

@ 4:00 PM - 5:00 PM

Learn some tips on how to talk and teach your children about strangers.

• **TIME-OUT TECHNIQUE FOR PARENTS**

Tuesday, March 19, 2024

@ 12:00 PM - 1:00 PM

Learn how to use the technique of a parental time-out to help you relax and relieve some stress.

• **HELPING CHILDREN HANDLE THEIR STRESS**

Thursday, March 28, 2024

@ 11:00 AM - 12:00 PM

To increase parents' ability to identify children's areas of stress and help them handle their stress.

*The virtual workshops are voluntary and intended for enrichment purposes.
Certifications and/or credits are not offered.*



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Attend our Virtual
Workshops for a
chance to win our

MARCH GIVEAWAY

A Baby Trend® Nursery Center Playard! Which includes a removeable full bassinet, a toy mobile, and a diaper stacker for baby's essentials.



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Line (808) 526-1222
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Sign Up

Sign up for any
virtual workshop
during the month of
March.

3

Attend

For each workshop you
attend it will count as an
entry for the giveaway.
Mahalo and Good Luck!

Terms & Conditions: Must follow all rules. This giveaway is open to O'ahu Residents ONLY. Winner will be randomly selected and will be notified via phone/email by March 29, 2024. Winner also must be willing to pick up prize at Child & Family Service – Ewa Campus.

Please contact us if you have any further questions at: (808) 526-1222.