

## Parent Education and Family Support cont.

### Neighborhood Place

#### O'AHU

Waianae.....	696-4598
Kalihi.....	841-6177

#### BIG ISLAND

Kona.....	331-8777
Puna.....	965-5550
<b>P.A.R.E.N.T.S (Parent Education Groups)</b>	
O'ahu.....	235-0255
E Hawai'i.....	934-9552

#### Parents And Children Together (PACT)

O'ahu.....	847-3285
Hawai'i.....	961-0570
Maui.....	243-7001
Kaua'i.....	821-0574

#### PACT Family Peace Center(O'ahu)

Maui (PACT).....	243-7001
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#### Hawai'i Children's Action Network(O'ahu)

Maui County Early Childhood Resource Center.....	242-1608
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#### Your 'Ohana Network (Home Visiting)

O'ahu (Waimānalo).....	741-3801 / 282-4070
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E. Hawai'i (YWCA).....	961-3877
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#### Family Centers

#### O'AHU

Kahalu'u (K.E.Y. Project).....	239-5777
Kāne'ohe (PACT).....	235-7747
Kūhiō Park Terrace (PACT).....	841-6177

#### BIG ISLAND

Waimea.....	885-0086
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#### KAUAI

Hanalei Community Center.....	826-1011
Kaua'i (CFS) Hale Ho'omaluu.....	821-2520
Waimea (CFS) Nana's House.....	338-0252

#### Partner's In Development Foundation

Tūtū and Me Traveling Preschool.....	524-7633
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#### NEIGHBOR ISLANDS

E. Hawai'i.....	982-4102
N. Hawai'i.....	885-1200
S. Hawai'i.....	929-8571
Hilo.....	934-7476
Kona.....	327-9327
E. Kaua'i.....	822-4280
W. Kaua'i.....	335-0501
W. Maui.....	249-2430
Moloka'i.....	560-5642
Ka Pa'alana Program.....	596-8711
Hui Ho'omaluu.....	282-8377
E. Hawai'i.....	987-5988
W. Hawai'i.....	896-3829
Kaua'i.....	346-8184
Maui/Moloka'i/Lāna'i.....	268-5122

#### DOH Early Intervention Section

O'ahu.....	594-0066
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Neighbor Islands.....	1-800-235-5477
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## Child Care, Preschool and Play Activities cont.

### Tiny Tots Program(Dept. of Parks and Rec. cont.)

#### O'AHU

Hawai'i Kai to McCully.....	768-8944
Makiki to Aiea.....	768-9292

#### YMCA

O'ahu.....	531-3558
E. Hawai'i.....	935-3721
Kaua'i.....	246-9090
Maui.....	242-9007

#### YWCA

O'ahu.....	538-7061
E. Hawai'i.....	935-7141
Kaua'i.....	245-5959

## Specific Concerns

Aloha United Way 2-1-1.....	211
Coalition For A Drug-Free Hawaii.....	545-3228
Neighbor Islands.....	1-800-845-1946
Hina Mauka.....	236-2600
Jewish Community Services.....	258-7121
Leadership in Disabilities and Achievements of Hawai'i.....	536-9684
School Readiness Project.....	696-5361
Hawai'i CARES.....	832-3100
Legal Aid Society of Hawai'i.....	536-4302
Neighbor Islands.....	1-800-499-4302
Shriners Hospitals for Children.....	951-3620
Special Parent Information Network.....	586-8126
Mālama Family Recovery Services.....	668-2277
Women's Way.....	739-4952
The PATH Clinic.....	791-9390
Telecommunications Relay Services.....	877-447-5990
Parents And Children Together (PACT)	
Behavioral Health Support.....	848-5312
DHS Family Strengthening Services.....	841-2245
DHS Voluntary Case Management.....	628-5735

## Services for Military Families

Military One Source.....	1-800-342-9647
Armed Services YMCA	
Schofield/Wheeler.....	624-5645
Kāne'ohe.....	254-4719
Pearl Harbor.....	473-3398
Family Services/Support	
Mental Health Clinic.....	448-6377
Military and Family Support.....	474-1999
Army Community Services	
Schofield.....	787-4227
Coast Guard Family Resource Specialist.....	842-2089
New Parent Support(Kāne'ohe MCBH).....	257-7780
Navy/Marine Corps Relief Nurse.....	473-0282
The Steven A. Cohen Military Family Clinic at Child & Family Service.....	204-4020



The Parent Line

Funded by the Hawai'i State Department of Health, Maternal and Child Health Branch

# Resource Directory

FOR PARENTS OF YOUNG CHILDREN AT A GLANCE

The Parent Line is Hawai'i's premier resource on child behavior, child development, parenting support, and community resources.

FOR INFORMATION, PLEASE CONTACT

O'ahu: (808) 526-1222

Neighbor Islands: 1-800-816-1222

Monday-Friday - 9AM-7PM

Saturday-Sunday - 9AM-2PM

[www.theparentline.org](http://www.theparentline.org)



The Parent Line



@theparentline

EMERGENCY SERVICES

General Emergency: 911

Suicide & Crisis Lifeline: 988

Poison Center: 1-800-222-1222



Child & Family SERVICE

A private nonprofit serving Hawai'i since 1899

Funded by the Hawai'i State Department of Health, Maternal and Child Health Branch

We provide access to our activities without regard to race, color, national origin (including language), age, sex, religion or disability. Write or call our Affirmative Action Office at Box 3378, Honolulu, HI 96801-3378 or at (808) 586-4616 (voice) within 180 days of problem.

## Crisis Services

<b>Access Adult Mental Health Division 24-hour Suicide Crisis Line</b> .....	832-3100
<b>Statewide (Toll-Free)</b> .....	1-800-753-6879
<b>Child Welfare Services</b>	
O'ahu (24-hours).....	832-5300
<b>Statewide (Toll-Free)</b> .....	1-888-380-3088
<b>Child Help USA (24-hours)</b>	
Child Abuse Hotline.....	1-800-422-4453
<b>Child and Family Service</b>	
Domestic Violence Hotline.....	841-0822
<b>Domestic Violence Action Center</b> .....	531-3771
<b>Hale Kipa</b>	
O'ahu.....	589-1829
Kaua'i.....	541-729-1630
<b>Sex Abuse Treatment Center</b> .....	535-7600
<b>24-hour Hotline</b> .....	524-7273
<b>Sex Assault Support Services</b>	
Big Island (24-hour Hotline).....	935-0677
Kaua'i (24-hour Hotline).....	245-4144
Maui (24-hour Hotline).....	873-8624
<b>Human Trafficking of Children</b> .....	832-1999
<b>Statewide (Toll-Free)</b> .....	1-888-398-1188
<b>Shelter and Crisis Lines for Family Violence O'AHU(24-hours)</b>	
Honolulu & Leeward.....	841-0822
Parents And Children Together (PACT)	
Windward Oh'i'a Shelter.....	526-2200
<b>NEIGHBOR ISLANDS</b>	
E. Hawai'i.....	959-8864
W. Hawai'i.....	322-7233
Kaua'i.....	245-
6362	
Maui.....	579-9581
Moloka'i.....	567-6888
<b>National Domestic Violence Hotline</b> .....	1-800-799-7233
<b>Abuse, Neglect, or Financial Exploitation of Vulnerable Adults</b> .....	832-5115

## Parent Education and Family Support

<b>Catholic Charities Hawai'i</b>	
O'ahu.....	521-4357 / 524-4673
E. Hawai'i.....	961-7050 / 935-4673
Maui.....	873-4673
E. Kaua'i.....	241-4673
<b>Child and Family Service</b>	
O'ahu.....	681-3500
E. Hawai'i.....	935-2188
W. Hawai'i.....	323-2664
Maui.....	877-6888
Kaua'i.....	245-5914
Moloka'i.....	553-5529
<b>Developing Options to Violence</b>	
O'ahu (CFS - Support for Victims).....	532-5100
<b>Maui Family Support Services</b> .....	242-0900
<b>Keiki Central</b> .....	auw211.org/s/keiki-central

## Parent Education and Family Support cont.

<b>Family Hui Hawai'i</b> .....	230-7112
<b>Lili'uokalani Trust</b>	
O'ahu.....	668-2314
Hilo.....	935-9381
Kona.....	329-7336
Kaua'i.....	245-1873
Maui.....	242-8888
Moloka'i.....	553-5369
Lāna'i & Koolau Poko.....	235-7613
<b>Healthy Mothers Healthy Babies</b> .....	737-5805

## Health, Nutrition, and Family Planning

<b>American Red Cross</b>	
Infant CPR Classes/Training.....	734-2101
E. Hawai'i.....	935-8305
Maui.....	244-0051
<b>U.S. Consumer Products Safety Commission Hotline</b> .....	1-800-638-2772
<b>Department of Health (Birth, Marriage, Divorce, and Death Certificate)</b>	
O'ahu.....	586-4542
Hawai'i.....	974-6008
Kaua'i.....	241-3498
Maui & Lāna'i.....	984-8210
Moloka'i.....	553-7870
Information Line.....	586-4400
<b>Family Planning Information Lines</b> .....	589-1149
<b>Hawaii Mothers' Milk, Inc.</b> .....	949-1723
<b>Keiki Injury Prevention Coalition</b> .....	983-6800
<b>Kokua Kalihi Valley</b> .....	791-9400
<b>La Leche League</b> .....	1-877-452-5324
<b>Mary Jane Program</b> .....	261-9776
<b>Med-QUEST</b> .....	587-3521
O'ahu.....	587-3540
Kapolei.....	692-7364
<b>NEIGHBOR ISLANDS</b>	
E. Hawai'i.....	933-0339
W. Hawai'i.....	327-4970
Kaua'i.....	241-3575
Maui.....	243-5780 / 1-800-894-5755
Moloka'i.....	553-1758
<b>National Lead Information Center</b> .....	1-800-424-5323
<b>WIC (DOH)</b> .....	586-8175
<b>Healthy Mothers Healthy Babies</b> .....	737-5805
<b>Valley Isle Childbirth Education</b> .....	572-5237
<b>Public Health Nursing Section O'AHU</b>	
E. Honolulu.....	733-9220
W. Honolulu.....	832-5757
Central.....	453-6190
Leeward.....	675-0073
Windward.....	233-5450

## Health, Nutrition, and Family Planning cont.

<b>Public Health Nursing Section (cont.)</b>	
<b>NEIGHBOR ISLANDS</b>	
E. Hawai'i.....	974-6025
W. Hawai'i.....	322-1500
Kaua'i.....	241-3387
Maui.....	984-8260
Moloka'i.....	553-7880
Lāna'i.....	565-7114

## Immigrant and Refugee Services

<b>Bilingual Access Line (Interpreters)</b> .....	526-9724
<b>Goodwill Industries Inc (Employment)</b> .....	792-8555
Maui.....	871-4143
<b>Child and Family Service (Employment Core Services for Refugees)</b> .....	543-8436
<b>Kalihi-Pālama Health Center</b>	
Medical services).....	848-1438
Dental Services.....	845-0686
Optometry Services.....	792-5599
<b>Pacific Gateway Center</b> .....	851-7010
<b>Trafficking Victim Assistance Program</b>	
<b>Susannah Wesley Community Center</b> .....	847-1535

## Child Care, Preschool and Play Activities

<b>Child Care Connections (DHS)</b>	
Honolulu.....	566-2600
Waipahu.....	356-5577
Maui.....	249-2461
<b>Early Head Start &amp; Head Start</b>	
O'ahu (HCAP).....	847-2400
Kalihi (PACT).....	842-5996
<b>NEIGHBOR ISLANDS</b>	
Hawai'i (PACT).....	961-0570
Kaua'i (CFS).....	245-5914
Maui (MEO).....	249-2988
Moloka'i (MEO).....	553-3727
<b>P.A.T.C.H. (Child Care Referrals)</b> .....	839-1988
E. Hawai'i.....	961-3169
W. Hawai'i.....	322-3500
Kaua'i.....	246-0622
Maui, Lāna'i & Moloka'i.....	242-9232
<b>Keiki O Ka 'Āina</b> .....	843-2502
<b>INPEACE - Keiki Steps</b> .....	620-9043
Big Island & Moloka'i.....	933-2933/560-0335
<b>Preschool Open Doors (DHS)</b> .....	791-2130
Neighbor Islands (Toll-free).....	1-800-746-5620
<b>Tiny Tots Program (Dept. of Parks and Rec.)</b>	
<b>O'AHU</b>	
Pearl City to	
Wai'anae/Wahiawa.....	768-6898
Wai'anae to Waimānalo.....	768-8987